

Partners in Education

University of Mary and United Tribes Technical College



Complete Your Bachelor's Degree Biomechanics

The University of Mary and United Tribes Technical College have partnered to support you as you work toward your bachelor's degree. Through this partnership, it's even easier to make the step from an associate's degree program to finishing a bachelor's degree.

Our partnership allows you to easily transfer course credits earned at United Tribes Technical College and use them toward earning a bachelor's degree from the University of Mary. Using the guide on the back, you can plan in advance to complete the all appropriate coursework required to earn your bachelor's degree — meaning you'll be well prepared for success as you pursue a bachelor's degree.

The University of Mary is dedicated to supporting students like you — those answering the call to serve in their communities and meet their regional workforce needs. While each student comes to us with distinct circumstances, experiences, and perspectives, our faculty, advisors, and staff will ensure that you graduate with the tools you need to succeed — in your career and in your life.



Questions?

We're just a phone call or email away, 701-355-8030 or enroll@umary.edu

AS Health, Phy Ed, Recreation Degree Requirements by Course Listing

Communications (Total 9 Credits)

UTTC Course Name and Number	University of Mary Course
ENGL 110 College Composition I (3 cr)	ENG 111
ENGL 120 College Composition II (3 cr)	ENG 121
COMM 110 Fundamentals of Public Speaking (3 cr)	COM 110

Arts and Humanities (Total 6 Credits)

UTTC Course Name and Number	University of Mary Course
Arts and Humanities (3 cr)	LA Elective
PHIL 210 Ethics (3 cr)	PHI 208

Social Sciences (Total 9 Credits)

UTTC Course Name and Number	University of Mary Course
PSYC 111 Introduction to Psychology (3 cr)	PSY 201
PSYC 250 Developmental Psychology (3 cr)	PSY 207
Social Science Elective (3 cr)	LA Elective

Math, Science, and Technology (Total 14 Credits)

UTT Course Name and Number	University of Mary Course
MATH 210 Elementary Statistics (3 cr)	MAT 180
BIOL 220/L Human Anatomy & Physiology I/Lab (4 cr)	BIO 207/L
BIOL 221/L Human Anatomy & Physiology II/Lab (4 cr)	BIO 208/L
CSC 101 Introduction to Computers (3 cr)	CIS 101

Additional Course Requirements:

UTTC Course Name and Number	University of Mary Course
FND 106 First Year EXP/Healthy Living (2 cr)	Free Elective
GPE 101 First Aid/CPR (1 cr)	KIN 157
HPR 200 Intro to Parks/Rec (3 cr)	SLM 225
HPR 207 Prevention/Care of Injuries (3 cr)	KIN 238
HPR 230 Intro Coaching (3 cr)	PED 370 (Lower-Division)
HPR 240 Intro Physical Education (3 cr)	PED 225
HPR 242 Principles of Sports Psychology (3 cr)	PSY 310 (Lower-Division)
HPR 297 Park/Rec Internship (2 cr)	PED 225
GPE 240 Fund of Nutrition (3 cr)	NUR 216

FYE 322 Transition Seminar (1 cr)

CTH/THE 234 Benedict Yesterday/Today (3 cr)

CHE 108/L College Chemistry I (4 cr)

PHY 203/L Introductory Physics (4 cr)

PHY 304/L Intermediate Physics (4 cr)

KIN 121 Intro to Kinesiology (1 cr)

KIN 151 Introduction to Athletic Taping (1 cr)

KIN 159 Personal/Community Health (2 cr)

KIN 206 Medical Terminology (2 cr)

KIN 235 Motor Development (2 cr)

EXS 302 Concepts of Strength/Conditioning (2 cr)

EXS 304 Strength/Condition Program Design (2 cr)

KIN 317 Sports Nutrition for Health/Perform (3 cr)

KIN 320 Research 1 (2 cr)

EXS 336 Exercise Physiology (3 cr)

KIN 360 Biomechanics/Kinesiology Studies (4 cr)

KIN 436 Administration (2 cr)

BMC 305 Motor Learning (2 cr)

BMC 310 Functional Anatomy (3 cr)

BMC 320 Applied Motion Analysis (2 cr)

BMC 330 Strength/Conditioning Practicum (2 cr)

BMC 410 Assessment and Design (2 cr)

BMC 470 Assessment/Design Practicum (1 cr)

BMC 480 Capstone (2 cr)

BMC 490 Advanced Biomechanics (3 cr)

IPE 401 Interprofessionalism in Healthcare (1 cr)

HUM 499 Senior Competency Testing (0 cr)

Elective Credits to reach 124: 3 credits

Total: 124 semester credits for graduation

See UMary Catalog for Concentration Options

Maximum of 62 UTTC credits can be transferred to the University of Mary.

Courses that will be applied toward the BMC major at the University of Mary require a minimum grade of C.

If student is pursuing an AA degree instead of AS, different elective courses may be required at UTTC to fulfill those requirements. Meet with your advisor to adapt your course plan.

Students may choose to complete electives at UTTC other than those recommended above. Contact University of Mary Admissions if you have questions regarding transfer equivalencies for different courses, in order to ensure the selected courses will apply toward your University of Mary program of study.