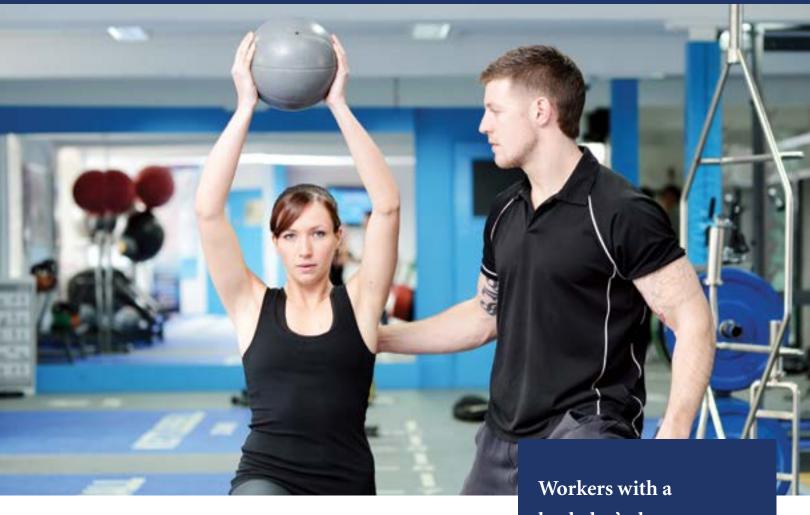
TRANSFER GUIDE



SEAMLESS TRANSFER *Exercise Science*

The University of Mary and Bismarck State College have partnered to offer the Seamless Transfer program. Now, it's even easier to step from a two-year program into a bachelor's degree.

The Seamless Transfer program allows students to work towards their bachelor's degree from the University of Mary while simultaneously earning their associate's degree from Bismarck State College. Students who successfully complete their Associate of Science/Arts degree with the required Mary prerequisites at Bismarck State College can seamlessly transfer to the University of Mary and complete their Bachelor of Science in Exercise Science in as little as two years.

workers with a bachelor's degree can earn \$1,344 more per month than those with an associate's degree.

(Dollar amount is based on the median usual weekly earning.)





Questions?

We're just a phone call or email away, 701-355-8030 or transfers@umary.edu.

University of Mary General Bachelor's Degree Requirements Bismarck State College Transfer Student General Education Requirements (AS)

Communications (Total 9 Credits)

BSC Course Name and Number

ENGL 110 College Composition I (3 cr)

ENGL 120 College Composition II (3 cr)

ENG 121

COMM 110 Fundamentals of Public Speaking (3 cr)

COM 110

Arts and Humanities (Total 6 Credits)

BSC Course Name and Number

PHIL 210 Ethics (3 cr)

RELS 120 Religion in America (3 cr)

THE 120

or RELS 203 World Religions

Social and Behavioral Science (Total 6 Credits)

BSC Course Name and Number

PSYC 111 Intro to Psychology (3 cr)

PSYC 250 Developmental Psychology (3 cr)

PSY 207

PSY 207

Math, Science, and Technology (Total 15 Credits)

BSC Course Name and Number	University of Mary Course
MATH 103 College Algebra (4 cr)	MAT 103
BIOL 150/L General Biology I & Lab (4 cr)	BIO 103/L
BIOL 220/L Anatomy & Physiology I & Lab (4 cr)	BIO 207/L
BIOL 221/L Anatomy & Physiology II & Lab (4 cr)	BIO 208/L

Exercise Science Major

Additional Course Requirements:

BSC Course Name and Number	University of Mary Course
CHEM 115/L or CHEM 121/L Chemistry I & Lab (5 cr)	CHE 109/L
CHEM 116/L or CHEM 122/L Chemistry II & Lab (5 cr)	CHE 110/L
MATH 210 Elementary Statistics (3 cr)	MAT 180
PHYS 211/L College Physics I & Lab (5 cr)	PHY 203/L
PSY 270 Abnormal Psychology (3 cr)	PSY 406
HPER 210 First Aid, CPR and AED (1 cr)	PED 157

Additional BSC Degree Requirements

BSC Course Name and Number	University of Mary Course
Enrichment Elective (1 cr / 2 cr recommended)	Free Elective
Diversity Requirement (3 cr)	Met with RELS Elective

Maximum of 62 BSC credits can be transferred to the University of Mary.

If student is pursuing an AA degree instead of AS, different elective courses may be required at BSC to fulfill those requirements. Meet with your advisor to adapt your course plan.

Students may choose to complete electives at BSC other than those recommended above. Contact University of Mary Admissions if you have questions regarding transfer equivalencies for different courses, in order to ensure the selected courses will apply toward your University of Mary program of study.

The Following Courses to be completed at the University of Mary

FYE 322

Transition Seminar (1 credit)

EXS 302

Concepts of Strength & Conditioning (2 credits)

EXS 305

Leadership in the Fitness Industry (3 credits)

EXS 336

Exercise Physiology (4 credits)

EXS 400

Strength & Conditioning/Comm Fitness Practicum (1 credit)

EXS 401

Clinical Practicum (1 credit)

EXS 402

Senior Practicum (1 credit)

EXS 406

Intro to Electrocardiography (2 credits)

EXS 420

Exercise Prescription (3 credits)

EXS 445

Exercise Science Internship (6 credits)

EXS 452

Cardiopulmonary Rehabilitation (4 credits)

EXS 455

Advanced Exercise Physiology (2 credits)

EXS 465

Senior Seminar I (1 credit)

EXS 466

Senior Seminar II (1 credit)

EXS 467

Senior Seminar III (2 credits)

KIN 238

Prevention & Care of Athletic Injuries (2 credits)

KIN 316

Basic Pharmacology for HP Science (3 credits)

KIN 317

Sports Nutrition for Health Performance (3 credits)

KIN 360

Biomechanics & Kinesiological Studies (4 credits)

HPS 206

Medical Terminology (2 credits)

NUR 319 or EXS 418

Pathophysio or Pathophy & Exercise (3 credits)

IPE 401

Interprofessionalism (1 credit)

PSY 304/L

Intermediate Physics & Lab (4 credits)

HUM 499

Senior Competency Testing (0 credits)

Total: 129 Semester Credits required for Graduation